

**29-09-2016**

## **THOUGHTS, LOGIC & REASONING Part 04**

### **PICTURES, THOUGHTS AND THE TRADE**

by Harnaak Singh      29-Dec-2016

#### **TRADING THOUGHTS**

We have discussed the following - THOUGHT, PICTURES, 5 EVILS, 5 VIRTUES, INNER-SELF (which controls the ORGANS through which we interact with the creation), METAPHORS (in Gurbani), THOUGHTS are TIMELESS while PICTURES are not, and the MIND. Let us now look at what we should do.

#### **What we should do**

PICTURES are good so far in that they elevate and uplift us, for otherwise they are MERE RITUALS. So we shall deal with PICTURES that keep us away from the FIVE EVILS.

Gurbani teaches us how to CONTROL our THOUGHTS and if we follow the teaching of Gurbani then our life will be HEAVEN.

BUT there are only a “far and few” who have realised the message of our Guru. Let us join them and treasure Gurbani as GOLD.

Let us TRADE THOUGHTS.

Let us replace those THOUGHTS that direct us towards the FIVE EVILS with those THOUGHTS that direct us towards the FIVE VIRTUES.

Then and only then would we have made a TRUE **ਸਚਿ** trade.

**GET OUT OF YOUR SLUMBER O FRIEND FOR YOUR DESTINY LIES**

**NOT IN PICTURES BUT IN THOUGHTS**

#### **RECAPITULATE**

We have been exposed to many concepts - THOUGHT, PICTURES, 5 EVILS, 5 VIRTUES, INNER-SELF and MIND (which controls the ORGANS through which we interact with the creation), METAPHORS (in Gurbani), THOUGHTS are TIMELESS, PICTURES are not TIMELESS and we should TRADE THOUGHTS not PICTURES.

We have covered many concepts. Let us now string them together so that they form a system.

Let us delve into the statements “we should TRADE THOUGHTS not PICTURES” that we learnt above. This means we must always be aware of our THOUGHTS and direct them towards virtuous actions. Awareness of the 5 EVILS is necessary and we must control the impact of the 5 EVILS on our actions. We must integrate the 5 VIRTUES into our control. This is the function of our MIND. The MIND must detect when control is going towards the 5 EVILS and move the control towards the 5 VIRTUES.

This is what we meant in post Part 03 where we learnt that the KEY is to CONTROL our THOUGHTS.

The above concepts are reflected in the picture.

Next we will delve into the MIND.

