

THOUGHTS, LOGIC & REASONING Part 05

by Harnaak Singh 13-Jan-2017

Gur Sikh Jio. Waheguru Ji Ka Khalsa Waheguru Ji Ki Fateh.

MIND – FACULTIES OF THE MIND

Let us first revise what we have learnt so far.

We have learned the following concepts - THOUGHTS, PICTURES, 5 EVILS, 5 VIRTUES, INNER-SELF (which controls the ORGANS through which we interact with the creation), METAPHORS (as used in Gurbani), THOUGHTS are TIMELESS while PICTURES are not AND that our MIND should control our THOUGHTS towards the 5 VIRTUES.

We will now look at each of these concepts in more detail and start with the MIND. First we will focus on the faculties (mental power) of the mind as meta-physical science teaches us. Then we will look into the relationship of these faculties (of the mind) with Gurbani.

The MIND is the primary cause behind everything. Our reality is perceived by it through PICTURES, THOUGHT processes values (via 5 EVILS and 5 VIRTUES), experience, memory and other internal and external influences. Our identity is dependent on the perceived reality by our MIND. Our interaction, based on perceived reality and SENSE and ACTION ORGANS with the external world, is also defined by the MIND. Within ourselves the MIND also impacts our state of wellbeing and happiness. Most of this happens unconsciously, sort of “instinctively”, with very little thought behind what happens.

Therefore we understand the MIND as a continuous and mostly unconscious process that determines our actions, based on external input and past experience, at the same time impacting us internally. The processes within the mind are termed, the mental faculties or mental power of the MIND.

The six mental faculties that are commonly defined are:

WILL,

PERCEPTION,

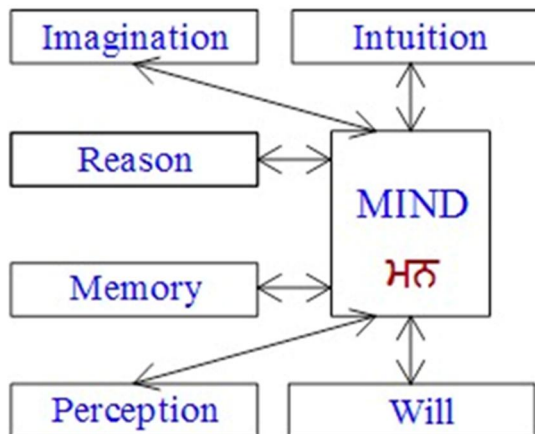
MEMORY,

REASON,

IMAGINATION and

INTUITION.

These are shown in the attached picture.



We will discuss each of these in forth coming articles.

Thank You for listening and reading on. ਗਲਤੀਆਂ ਦੀ ਖਿਮਾ.

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Abstract

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We have learned the following concepts - THOUGHTS, PICTURES, 5 EVILS, 5 VIRTUES, INNER-SELF (which controls the ORGANS through which we interact with the creation), METAPHORS (in Gurbani), THOUGHTS are TIMELESS while PICTURES are not AND that our MIND should control our THOUGHTS towards the 5 VIRTUES.

In this posting we start looking into the “MIND”.

Please read on for more.....

Thank You for listening and reading on. ਗਲਤੀਆਂ ਦੀ ਖਿਮਾ.

Waheguru Ji Ka Khalsa Waheguru Ji Ki Fateh.